



# Why Gary created Valor® blend

"I created Valor for my own need. It was a need because I was in a situation where I had to be empowered."

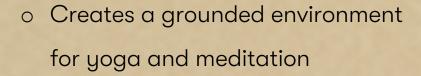
-D. Gary Young

Valor essential oil blend is a longtime favorite for many in Young Living. Gary created this blend initially for himself but soon began to share its benefits with others.



### Features and Benefits

- Powerful and inviting combination of Black Spruce, sustainably sourced Rosewood, Frankincense, and Blue Tansy essential oils
- Enhances massage for a rejuvenating experience, including in the Raindrop Technique<sup>®</sup> bodywork
- Creates a calming, uplifting atmosphere when your day overwhelms you



- May enhance the appearance of healthy-looking skin
- Can be diffused as part of your nightly routine



## Rosewood essential oil

- o Rosewood oil was removed from the Valor® blend in 2015
- Young Living has worked with a close supplier of essential oils in Brazil to find an ethical, sustainable method to source Rosewood essential oil.

Valor

- Our supplier began a rosewood plantation more than eight years ago, and the trees are now ready for harvest.
- Rather than cut down the tree, the farmers carefully prune the leaves and branches to distill the oil.
- The leaves and branches regrow, making this a sustainable source of Rosewood essential oil that we are proud to use in our original Valor blend.

# Suggested uses



### Topically:

Massage onto the bottoms of your feet as you unwind before bed or apply to key areas of the body after a workout.



### Aromatically:

Diffuse and let the aroma inspire you while you work on overcoming things that are holding you back.



