

ENERGY
FOR
DAYS

NINGXIA MIXERS



THE GREEN DRINK

1 scoop NingXia Greens
1 scoop Inner Beauty
Collagen
5-6 drops Lemon
Vitality Essential Oil
1 squirt Jade Lemon
Berry YL Vitality Drops + Energy



Fill glass 1/2 way with water, add all ingredients and mix well. Top off glass with more water, mix again and enjoy!

THE RED DRINK 2.0

2-4 oz. NingXia Red
1/2 tsp Sulfurzyme
2-3 drops Lime Vitality
Essential Oil
1 scoop Inner Beauty
Collagen
1-3 droppersful Mineral Essence



Add all to a quart size mason jar and mix well. Fill jar with water, adding ice if desired. Sip and enjoy!



THE PINK DRINK (Starbz copycat)

2 oz. NingXia Red | Real Coconut Milk | Fresh Strawberries

Pour 2oz of Ningxia Red to a glass or small jar. Add in fresh strawberries. Blend if you want more of a strawberry flavor! Top with real Coconut Milk.

BLAST OFF

2 oz. NingXia Red
1 tube NingXia Nitro
1 can NingXia Zyng

Combine all three in a glass, (ice optional) stir and prepare to get things done.



NINGXIA 'TINI

2-4 oz. NingXia Red
1 can NingXia Zyng

Pour 2-4 oz of NingXia Red in a martini glass and top with NingXia Zyng. Best mocktail ever!



NINGXIA SHOT RECIPES

DREAMSICLE

1 drop Orange
1 drop Lime
1 drop Tangerine
1 drop Frankincense
1 drop Grapefruit
1 drop Lemon

MIND BLASTER

1 drop Lime
1 drop Peppermint
1 drop Lemon
1 drop Copaiba
1 drop Cinnamon Bark (on top)

ATOMIC FIREBALL

1 drops Cinnamon Bark
1 drop Thieves

NUCLEAR EXPLOSION

1 drop Peppermint
1 drop Frankincense
1 drop Copaiba
1 drop Lemon
1 drop Tangerine
1 drop Orange

OH, MY GOSH

1 drop Thieves
3 drops Lemon
3 drops Tangerine
4 drops Peppermint

TO YOUR HEALTH

1 drop Orange
2 drops Tangerine
1 drop Thieves

SIMPLY SMOOTH

2 drops Tangerine
2 drops Lime
1 drop Frankincense

GO GETTER

1 drop Grapefruit
1 drop Tangerine
1 drop Cinnamon Bark

FEELING FINE

1 drop of Spearmint
1 drop of Slique
1 drop of Lime

HOT FLASH

2 drops Peppermint
2 drops Cinnamon Bark



Add Vitality essential oils to 2 oz of Ningxia Red
OR Ningxia Zyng and enjoy!
