

## Product Summary

Carrot seed oil is steam distilled from the seeds of *Daucus carota sativa*. It has a mildly sweet, soft aroma with earthy, herbaceous hints. The plant is thought to have been introduced into Europe by the Moors in the 8th Century AD.

Traditionally, carrot seed oil has been used for digestive complaints due to its tonic properties. Today, it is also well regarded for liver support and for its wonderful skin conditioning properties. Carrot seed oil is appropriate for all skin types and brings life and vibrancy to dulled complexions. This oil is perfectly suited to be used as an addition to skin care preparations.

The principle constituents include carotol, alpha pinene, and trans-beta-caryophyllene.

## Primary Benefits

- Acts as a skin moisturiser reducing the appearance of fine lines and wrinkles.
- Traditionally used to support the digestive system.

## Who should use Carrot Seed Essential Oil?

- Persons looking to minimise the appearance of fine lines and wrinkles.
- Anyone looking to support digestive health.

## Suggested Use

- Apply to desired area. In case of sensitivity, dilute as needed in V-6.
- Diffuse up to one hour three times daily.

## Cautions

- Keep out of reach of children
- Avoid contact with eyes and mucous membranes.
- Not for internal use.



## Ingredients

*Daucus carota sativa* seed oil

## Goes well with

- Bergamot Essential Oil
- Lemon and Lime Essential Oils
- Juva Cleanse

## Did You Know?

- It is believed that the wild ancestors of the modern carrot are likely to have originated from Iran and Afghanistan.
- The bright orange colouration of the carrot comes from beta carotene.