

## PRODUCT SUMMARY

Made with exotic sacha inchi seed oil, acai puree, pomegranate juice and extract, turmeric, essential oils, and more, MindWise is a nutty, fruity supplement you'll love to take every day! We formulated this daily cognitive and cardiovascular supplement with medium-chain triglycerides and a high proportion of omega-3 fatty acids to help support your brain and heart wellness.\*

Plus, we included vitamin D3 and our proprietary MindWise memory blend—made with bioidentical CoQ10, ALCAR, and GCP—to deliver even more brain and heart support!\*

## KEY INGREDIENTS

Pomegranate juice and extract, Acai puree, Sacha inchi oil, Fractionated coconut oil, Rhododendron extract, Bioidentical CoQ10, and Vitamin D3

## FORMULATED WITH

Peppermint (*Mentha piperita*)

Fennel (*Foeniculum vulgare*)

Anise (*Pimpinella anisum*)

Lemon (*Citrus limon*)

Lime (*Citrus aurantifolia*)

## EXPERIENCE

Support normal heart and brain function every day with the nutty, fruity taste of MindWise!\*. This cognitive and cardiovascular health supplement\* uses essential oils, pomegranate juice and extract, medium-chain triglyceride oils, and more to help you support your wellness with each daily dose. Store a bottle in your fridge or stash the single-serve packets anywhere you need them!

## PRODUCT BACKGROUND

The vegetarian oil base of MindWise comes from cold-pressed sacha inchi seeds harvested in the Peruvian Amazon to deliver a high proportion of unsaturated fatty acids and omega-3 fatty acids. We also formulated MindWise with vitamin D3, medium-chain triglycerides, and our MindWise memory blend—made with bioidentical CoQ10, ALCAR, and GPC—so it's equipped to support normal brain function and cardiovascular health.\*



## BENEFITS & FEATURES

- Supports normal brain and heart function\*
- Contains a high proportion of unsaturated fatty acids and omega-3 fatty acids
- Includes GPC, ALCAR, and bioidentical CoQ10, all studied for their beneficial properties\*
- Supports heart health by replenishing the body with CoQ10\*
- Features an improved, smoother texture
- Includes no added preservatives
- Formulated with turmeric

## DIRECTIONS

16-oz. Bottle: Take 1 tablespoon (3 teaspoons) once daily. Children (4+ years) should take 1–2 teaspoons once daily. Should be taken with a meal. Shake well before each use. Consume within 30 days of opening.

Single-Serve Packet: Drink 1 sachet daily. Consume promptly after opening. Should be taken with a meal. Shake well before use.

## CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Not recommended for children under the age of 4. Keep in a cool, dark place.

## Supplement Facts

Serving Size 1 Tablespoon  
Servings Per Container About 30

	Amount Per Serving	% DV
Calories	15	
Total Fat	0.5 g	<1%*
Total Carbohydrate	2 g	<1%*
Total Sugars	1 g	**
Includes 1 g Added Sugars		2%*
Vitamin D (as cholecalciferol)	20 mcg	100%
<b>Proprietary MindWise™ Memory Blend</b>	<b>378.4 mg</b>	<b>**</b>
Pomegranate ( <i>Punica granatum</i> ) fruit extract		
Rhododendron ( <i>Rhododendron chrysanthemum</i> ) leaf extract		
L-alpha glycerylphosphorylcholine (GPC)		
Acetyl-L-Carnitine (ALCAR)		
Coenzyme Q10 (as ubiquinone)		
Turmeric ( <i>Curcuma longa</i> ) root powder		
<b>Proprietary MindWise™ Oil Blend</b>	<b>397.5 mg</b>	<b>**</b>
Sacha inchi ( <i>Plukenetia volubilis</i> ) seed oil		
Medium chain triglycerides (from fractionated coconut oil)		
Lemon ( <i>Citrus limon</i> ) <sup>†</sup> peel oil		
Peppermint ( <i>Mentha piperita</i> ) <sup>†</sup> leaf oil		
Fennel ( <i>Foeniculum vulgare</i> ) <sup>†</sup> seed oil		
Anise ( <i>Pimpinella anisum</i> ) <sup>†</sup> seed oil		
Lime ( <i>Citrus aurantifolia</i> ) <sup>†</sup> peel oil		

\*Percent Daily Values (DV) are based on a 2000 calorie diet.  
\*\*Daily Value (DV) not established.

**Other Ingredients:** Water, Pomegranate (*Punica granatum*) juice concentrate, Açai (*Euterpe oleracea*) puree, Glycerin, Sunflower lecithin, Natural flavors, Malic acid, Citric acid, Luo han guo fruit extract  
No Preservatives  
<sup>†</sup>100% pure, therapeutic-grade essential oil

## FREQUENTLY ASKED QUESTIONS

**Q. What products are complementary to MindWise?**  
A. Mineral Essence™, NingXia Red®, and NingXia Nitro® are all complementary products.

**Q. Why was MindWise reformulated?**  
A. MindWise was reformulated with a more bioidentical source of CoQ10 that better assimilates with the body, a better flavor, and a smoother texture.

**Q. What are the differences between the new and old version of MindWise?**  
A. The biggest differences are the lecithin emulsion system, the bioidentical CoQ10, a better flavor, and generous amounts of vitamin D3. The lithium has also been removed from the formula for international market expansion.

## COMPLEMENTARY PRODUCTS

Mineral Essence™  
Item No. 3222



NingXia Red®  
Item No. 3044



NingXia Nitro®  
Item No. 3064



OmegaGize™  
Item No. 3097

