

## PRODUCT SUMMARY

Helichrysum essential oil's sweet, earthy aroma is perfect to diffuse when you work on your next project; the invigorating scent helps create a stimulating, refreshed environment. Steam distilled from the tiniest of flowers, the delicate blossoms produce a rich oil with a complex profile, featuring the naturally occurring constituents neryl acetate, gamma curcumene, and alpha-pinene. These tiny flowers pack a punch, aromatically and topically, as Helichrysum oil provides many benefits for the skin, including reducing the appearance of fine lines and wrinkles.

## KEY INGREDIENTS

Helichrysum essential oil

## EXPERIENCE

Helichrysum essential oil has a warm, earthy, sweet aroma that can help create an inspiring experience when diffused. Its cleansing properties can be beneficial when applied topically, smoothing the appearance of uneven skin.

## PRODUCT BACKGROUND

Helichrysum, from the Greek helios for sun and chrysos for gold, is one of the world's most sought-after essential oils. Native to coastal locales in places such as France, Italy, and Croatia, the delicate flowers bloom in rocky soils before a painstakingly careful harvest. Global exploitation of the botanical led Young Living to import rocks to our Dalmatia Aromatic Farm in Split, Croatia, to replicate its preferred environment, where we now cultivate the previously wild-crafted blossoms. We steam distill the helichrysum blossoms and provide our members access to what is sometimes known as the "Everlasting Flower."



Topical



Aromatic

## BENEFITS & FEATURES

- Warm, comforting scent
- Use in post-workout massage
- Inspiring aroma
- Cleansing properties

## SUGGESTED USE

- Add Helichrysum to your daily skin care regimen to enhance the appearance of skin.
- Diffuse the inspiring aroma during work or study.
- Use its cleansing benefits by adding a couple drops to your nighttime facial cleanser.
- Mix 1–2 drops with V-6™ Vegetable Oil Complex and use in a relaxing massage.

# HELICHRYSUM



## DIRECTIONS

**Topical:** Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

**Aromatic:** Diffuse up to 1 hour 3 times daily.

## CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

## INGREDIENTS

*Helichrysum italicum*† flower oil

†Pure essential oil

## FREQUENTLY ASKED QUESTIONS

**Q. Can Helichrysum essential oil be ingested?**

A. Helichrysum is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products.

**Q. Does Helichrysum essential oil need to be diluted for topical application?**

A. Dilution is not required, except for the most sensitive skin. Use as needed.

**Q. What is the aroma of Helichrysum essential oil?**

A. Helichrysum has a warm, earthy, sweet aroma that can help create an inspiring environment.

## COMPLEMENTARY PRODUCTS

Clary Sage  
essential oil  
Item No. 3521



Lavender  
essential oil  
Item No. 3575



Geranium essential oil  
Item No. 3554



Ylag Ylang  
essential oil  
Item No. 3659

