

# CASSIA

15ml Item No. 33499

Breathe in the sweet, light, cinnamon-like aroma of Cassia essential oil and let its comforting and cozy characteristics cast away your worries and create a sense of peace and serenity. Its grounding and balancing aroma inspires emotional release.

Uplift, calm, and refresh your most important environment—your home—with Cassia’s warm aroma. Use during

times of doubt, to center yourself, to encourage inner connection, and to develop positive self-awareness. Take your meditation or spiritual practices to the next level with this bottle of comfort.

Cassia can make your home a haven on its own or diffused with citrus and conifer oils, creating delicate layers of blissful aroma.



## KEY INGREDIENTS

- 100 percent pure Cassia essential oil produced with our Seed to Seal quality commitment

## BENEFITS AND FEATURES

- Refreshes and purifies the air of odors when diffused.
- Cleans odors from air and dirt and grime from surfaces; adds an extra cleansing boost to Thieves Household Cleaner.
- Creates a sense of peace and serenity.
- Encourages inner connection and positive self-awareness when used during meditation or spiritual practice.
- Provides a grounding and balancing aroma that inspires emotional release
- Includes the constituents trans-cinna-maldehyde, trans-o-methoxy-cinnamaldehyde, and coumarine.

## DIRECTIONS

Topical: Dilute 1 drop with 4 drops of V-6 Vegetable Oil Complex or olive oil. Test on small area of skin or underside of arm. Then apply to desired area as needed. Aromatic: Diffuse up to 30 minutes 3 times daily.

## CAUTIONS

Keep out of reach of children. For external use only. Avoid contact with eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.



## PRODUCT BACKGROUND

Harness the power of an essential oil that’s been used for centuries. In the Bible’s Old Testament, Cassia was mentioned as a holy anointing oil. It was a key ingredient in temple incense. “All thy garments smell of myrrh, and aloes, and cassia, out of the ivory palaces, whereby they have made thee glad” (Psalm 45:8). It was also used in ancient Egypt and China. It is listed as one of the 50 fundamental herbs of Chinese tradition.

The *Cinnamomum cassia* tree, from which we get Cassia essential oil, is from the same plant family as cinnamon—so they’re similar, but each quite unique. Cassia has a slightly sweeter scent with higher levels of coumarin and trans-cinnamaldehyde. And the bark of cassia is thicker, whereas cinnamon is thinner with many more aroma layers.

## INGREDIENTS

*Cinnamomum cassia*<sup>†</sup> (Cassia) oil  
<sup>†</sup>100% pure, therapeutic-grade essential oil

## COMPLEMENTARY PRODUCTS



Clove essential oil  
Item No. 3524



Cedarwood essential oil  
Item No. 3509



Orange essential oil  
Item No. 3602



Frankincense essential oil  
Item No. 3548